



The Lifestyle Medicine Global Alliance (LMGA) was also established to support efforts of those around the world who have a desire to establish lifestyle medicine medical professional societies. LMGA is committed to sharing best practices and supporting your efforts to the greatest extent possible, as we grow our network of sister organizations around the world!

Lifestyle Medicine Global Alliance sister organizations are defined as follows:

1. Fully established Lifestyle Medicine medical professional society representing a designated country or region.
2. Constitutions & bylaws or documentation that establishes the governance of the organization.
3. Elected board of directors / leadership, with established election cycles.
4. Membership of ten (10) or more medical professionals and active recruitment of new members, with mechanism in place that enables joining.
5. Website / online presence.
6. Organization logo.

Please email any questions to our LMGA Manager, Claire Wade-Hak, at [claire@lifestylemedicine.org](mailto:claire@lifestylemedicine.org).